

**GROUP LEADER...**

- Disclose relevant medical conditions
- Fulfil responsibilities in SAP below
- Physically able to run/jog
- Responsible for overall group management
- Able to help instructor if they happen to become incapacitated.

**PARTICIPANTS...**

- Comfortable (but not loose) clothing
- Long hair tied back
- Covered footwear for river wade
- Must be able to swim
- Physically able to run/jog

**INSTRUCTOR...**

- Pass internal training and assessment program
- Current first aid certificate

**RESTRICTIONS**

- Over 10 years old
- No back injuries
- Not suitable for pregnant woman

**RATIOS**

- 1 Instructor: 10 students
- 1 Instructor + 1 Adult: 15 Students

What could go wrong? <b>'The potential harm'</b>	What would cause it to go wrong? <b>'The hazard'</b>	How could we prevent it from going wrong? <b>'The mitigation'</b>	Responsibility of?	When will it be done?	Emergency Plan
Death/serious injury (fall from height., drowning)	<ul style="list-style-type: none"> <li>- Inadequate instruction</li> <li>- Failure to follow instruction re: procedures and boundaries</li> <li>- Equipment failure</li> <li>- Flooded river</li> <li>- Caught on submerged object</li> <li>- Extreme environmental event (flooding, Earthquake, Lighting &amp; High winds)</li> <li>- Drowning</li> </ul>	<ul style="list-style-type: none"> <li>- Instructors are suitably qualified</li> <li>- Clear instructions are given</li> <li>- Listen attentively and follow instructions</li> <li>- Regular inspections</li> <li>- Activity must not take place while river is in flood</li> <li>- Pre-check River for hazards and correct depth</li> <li>- Remove loose clothing</li> <li>- Move to emergency meeting point</li> <li>- Not recommended for participants who cant swim</li> </ul>	<p>TSCC</p> <p>TS instructor</p> <p><b>Participants + Group leaders</b></p> <p>TS instructor</p> <p>TS instructor</p> <p>TS instructor</p>	<p>Before</p> <p>Beginning &amp; During</p> <p>Prior to setup + Monthly inspection</p> <p>Beginning &amp; During</p> <p>In the event</p>	<p><i>Suspected major injury</i></p> <ul style="list-style-type: none"> <li>- All to vacate top level of site</li> <li>- Instructor to coordinate first aid</li> <li>- Instructor to radio to main office to arrange for ambulance or extra assistance</li> <li>- Assess if activity can continue</li> </ul>
Impact injury (Ground Falls, Collisions)	<ul style="list-style-type: none"> <li>- Falling off wall/A-frame</li> <li>-Slipping on wet trail</li> </ul>	<ul style="list-style-type: none"> <li>- Take care when scaling wall</li> <li>- Spotters to pay attention while others are scaling</li> <li>- Managing group speed during bad weather</li> </ul>	<p><b>Group leaders + TS instructor</b></p> <p>Group leaders + TS instructor</p>	<p>Before + During</p> <p>During</p>	<p><i>Entrapment</i></p> <ul style="list-style-type: none"> <li>- Instructor to follow procedure to release trapped item</li> </ul>
Entrapment (hair, clothing, fingers)	<ul style="list-style-type: none"> <li>- Inappropriate clothing</li> <li>- Long hair</li> <li>- Hand position</li> <li>- Submerged object</li> </ul>	<ul style="list-style-type: none"> <li>- Remove loose clothing</li> <li>- Tie back long hair</li> <li>- Listen attentively to instructions</li> <li>- Pre-check River for hazards and correct depth</li> <li>- Kids must be wearing shoes</li> </ul>	<p><b>Participants + Group leaders</b></p> <p><b>TSCC</b></p>	<p>Before &amp; during</p>	<p><i>Other/ Minor Injury</i></p> <ul style="list-style-type: none"> <li>- Group leader to administer first aid</li> </ul>
Bumps, bruises, scrapes, strains, sprains	<ul style="list-style-type: none"> <li>- Uneven/slippy surface</li> <li>- Fallen foliage creating slippy surface</li> <li>- Scraping back on entry to the pipe</li> </ul>	<ul style="list-style-type: none"> <li>- Wear appropriate footwear</li> <li>- Remove overhanging branches and clear track</li> <li>- Ensuring that kids are fully laying down before entering</li> </ul>	<p><b>Group leaders</b></p> <p>TS instructor</p> <p>Participants</p>	<p>During</p> <p>Prior to setup + Monthly inspection</p> <p>During</p>	
Exposure to elements (sun, wind, temperature)	<ul style="list-style-type: none"> <li>- Long periods out in the sun, river, wind and rain without correct clothes</li> </ul>	<ul style="list-style-type: none"> <li>- Move to an indoor activity during "bad weather"</li> <li>- Ensure the group has adequate clothing</li> </ul>	<p>TS instructor</p> <p><b>Participants + Group leaders</b></p>	<p>Before</p> <p>Before &amp; During</p>	
Psychological harm	<ul style="list-style-type: none"> <li>- Fear of heights</li> <li>- Being bullied or forced to participate</li> </ul>	<ul style="list-style-type: none"> <li>- Challenge by choice</li> <li>- Group encouragement</li> </ul>	<p>TS instructor</p> <p><b>Participants + GL</b></p>	<p>During</p>	

Please note: The Instructor may cancel this activity at any time if conditions outlined in this SAP are not able to be achieved or maintained. *Serious Hazards are highlighted*